



LUDLOW EXPRESS

Issue No. 2

January-March 2020

Welcome to the Ludlow community newsletter! This quarterly publication includes city news, activities and events that you won't want to miss as new shops, restaurants and entertainment are making Ludlow the "in place" to be.

Keep the *Express* handy for reference to Ludlow happenings.

LETTER from MAYOR JOSH BOONE

Season's greetings! On behalf of Ludlow City Council and our city staff, I hope you and your families have a wonderful start to 2020.

As we close out 2019, I thought it would be appropriate to point out some of the positive changes we've experienced over the last year:

- Ludlow has contracted with the City of Bromley to provide them with quality fire and EMS services.
- City council amicably ended the city's lawsuit against Ludlow Youth Football.
- City council passed a historic district covering Elm Street north to the river starting at the railroad underpass then going west to Adela.
- We've collected hundreds of thousands of dollars in back taxes, fines and penalties, all while cutting unnecessary expenses.
- We transitioned our Senior Center into a Community Center (now open for rental), which provides a much needed gathering place for the community.
- We moved the Ludlow Heritage Museum next to the city building and the train viewing platform. We then sold the building that formally housed the museum and will welcome a new business, Taste on Elm, this coming year.

Next year we will continue to focus on bringing financial stability to the city and look forward to getting several long awaited projects off the ground. Plans to sell and redevelop the vacant lot across from the city building will be presented in early 2020. We will begin repaving Adela Ave. in the spring and improvements to our park are currently being explored. Also, this past November, city council passed a resolution allowing the city to foreclose on properties that we've placed liens on due to back taxes and code enforcement violations. As we witness growth in both our business and housing markets, it is in our best interest to help get properties back on the market for re-development, specifically those vacant and blighted.

I would also like to highlight that in the past year I hired our police chief, Scott Smith, to also serve as our City Administrator, promoted Mike Steward to Fire Chief and welcomed Todd McMurtry of Hemmer, DeFrank & Wessels as our new city attorney. All three bring a high level of expertise to their jobs. They, along with the city staff, have been instrumental in bringing much needed change to Ludlow. *continued in next column*

But of everything that has been accomplished in the last year, the thing that I am proudest of most is the renewed sense of civic pride and ritual. People want to be involved again. This has been on display at countless events, but most notably a few weeks ago with a Christmas Parade, in which dozens of volunteers helped bring hundreds of spectators to the streets. We hope to make this an annual family tradition.

So, as we raise our glasses in a toast to the New Year, we enter 2020 happier and better off than we were a year ago. Let us build on this momentum and look forward to brighter days ahead.

Best regards, Josh Boone

COUNCIL NOTES

Code Enforcement: City council has taken steps to allow for the potential mass foreclosure of vacant and blighted properties in town.

Police: The police department held their annual toy drive to provide **Christmas gifts** for families in the community. Hundreds of toys were collected and distributed, including 165 gifts collected by **Braxton Gillespie**, a 3rd grade student at Ludlow Elementary.

Cincinnati Preservation Association Awards LUDLOW HISTORIC SOCIETY for Restoration Project

The Ludlow Historic Society received an award November 24 from the Cincinnati Preservation Association (CPA) for restoration of an 1880s row house at 232 Elm St. The award was presented at the annual CPA meeting at the Cincinnati Museum Center. LHS Board members Brenda Boone, Joy Amann and Patrick Snadon saw this project through with a generous grant from the Ardery Foundation and financing by the NKY Catalytic Fund.

The Historic Society is celebrating its 10th anniversary in 2020, and is currently seeking other historic properties in the city eligible for funding.

Contact ludlowhistoricsociety@gmail.com for more information.

HAPPY
New Year!

CALENDAR OF EVENTS

BIRCUS BREWERY

1/3 Ludlow's Very Own Eric Sowder
1/12 Bicycle Polo 3-10PM
1/25 The Drysdales
2/1 Northern Wrestling Federation
2/14 Valentine Dinner Dance with Swing Time Big Band
(Ken Foltz of Ludlow Schools)
2/15 The Street Limes
2/22 Three Sheets at the Ludlow Theatre
3/21 Northern Wrestling Federation

LUDLOW TAVERN

Monday-Margarita Monday plus Service Industry Night
Tuesday-Tito's Tuesday
Wednesday-Wine Wednesday
Thursday-Thirsty Thursday plus Classic Arcade Night
Check our website and follow us on Instagram and Facebook for upcoming events and shows!

LUDLOW COMMUNITY CENTER (LCC)

A new year begins with a new opportunity for us to create a new relationship with our Community. The idea of starting anew in the new year provides us a time of reflection. A time to put old issues behind, find resolution and move forward in the spirit of Community. Ludlow is vibrant and bursting with potential for growth. Because we are a small city, division of efforts is detrimental. Shared vision, combined energies and enthusiasm are needed to strengthen our Community. As we begin this new year, consider how you can become involved in our community. Your participation will be appreciated by many and will be a vital part of Ludlow's continued progress.

Mid-day Meals at Ludlow Community Center

LCC is a Nutritional Site for anyone 65+ regardless of income. To receive a mid-day meal consisting of a hot entrée, side dish, milk, fruit & bread, Mon, Weds, Fri, 11:00-2:00, register with LCC at 859-360-3220 or cmcmurtry@ludlow.org.

Fitness and Wellness

Health and Well Being are foundations for thriving! LCC is committed to helping our community thrive. Fitness equipment is available at no charge for Ludlow residents Mon, Weds, Fri. 9 am-2 pm. A Wellness Room offers Massage, Reiki and Energy Balancing/Relaxation Therapy.

Rent the Ludlow Community Center

When planning your next party/event/meeting, check out the fabulous space at LCC. Following an extensive renovation, LCC is now available for rental. Information at 859-360-3220 or cmcmurtry@ludlow.org.

Thanks!

Thanks to all who have given their time, energy and effort in the past few months. There have been many great developments at the LCC because of you!

Event Calendar

Monday, Wednesday, Friday 9 am-2 pm Open to the Public
Monday and Friday 11:30 am-2:00 pm Bingo
2nd Wednesday of the Month 9:00 am-11:00 am Pictionary
Monday, Wednesday, Friday 11:00 am-2:00 pm Mid-day Meal

Yoga

LCC features free gentle Yoga classes every Tuesday evening 6:30-7:30 pm. Bring a mat & wear something comfy!
Beginners welcome!

FOLK SCHOOL

Cabin Fever Music & Arts Festival

Historic Downtown Ludlow February 29th 4pm-Midnight

SECOND SIGHT SPIRITS

Space rental available. Contact Carus at carus@ssspirits.com. Free live music every Friday night at 7:30

TASTE ON ELM

Opening soon! Taste on Elm will offer a mix of local, regional & international products. Cheese, charcuterie & wine, as well as paninis & soups will be a light lunch offering.

To keep up to date on opening date and other events, follow on Instagram or Facebook @TasteOnElm.

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Coming soon to Ludlow! **NORTH SOUTH BAKING CO.!**

LUDLOW COMMUNITY GARDEN

The Ludlow Community Center has a community garden. Herbs and vegetables will be grown and harvested by anyone in the community who wishes to dig in. Tools and plants will be supplied. All Ludlow residents are welcome to participate in this Spring activity. Call Dianne @859-581-2434 to sign up. Also, installation of a watering system is in the plans! More information and details will be forthcoming in the next issue of the Ludlow Express.

LUDLOW HERITAGE MUSEUM

The Ludlow Heritage Museum will be closed during the months of January and February. We will reopen March 7th, 2020 when we host **Irish Heritage Day!** Food, drinks and live music will help celebrate the day. Wear your kilt! Bring your bagpipes! Just be sure to be there!

SOUP RECIPE for a COLD WINTER NIGHT

Contributed by Kathy Hrovat

BLACK BEAN PUMPKIN SOUP

(high in protein/fiber; low in fat)

12 servings (1 cup each)

1 large onion chopped (about 2 cups)

1/2 cup fresh red peppers, chopped

4 large cloves of garlic, minced

1 Tablespoon olive oil

2 Tablespoons cumin

1/2 teaspoon cinnamon

1/4 teaspoon cayenne pepper

1 can (14.5 oz) beef broth

(substitute vegetable broth if desired)

1 can (15 oz) pumpkin

1 can (14.5 oz) diced tomatoes

3 cans (15 oz each) black beans, undrained

2 Tablespoons rice vinegar

Sour cream for garnish (optional)

- Sauté onion, red peppers and garlic in olive oil. •Add spices and continue to cook for 2 minutes. •Add broth, pumpkin, beans, and tomatoes. •Bring to boil and then reduce heat and simmer for about 30 minutes. •Stir in rice vinegar.
- Garnish with a dollop of sour cream.

Logo art: **Jeff & John Winkle**. Their amazing work can be found on Instagram and FaceBook @jeffandjohnwinklestudio

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